

Post Treatment Instructions for Crowns

You have had a procedure for placing one or more crowns over teeth that were chipped, broken or decayed. We have placed a temporary restoration(s) to cover and protect the teeth. The temporary is cemented with a weak temporary cement. We recommend chewing carefully on this temporary and avoid foods that are sticky, chewy, or hard. We also recommend thoroughly brushing the temporary twice a day. If you floss, once you go in with the floss, try to pull the floss out sideways, to avoid dislodging the temporary.

If you were given a local anesthetic, you may still be numb after you leave the office. Be careful to avoid inadvertently biting the tissues inside your mouth, including your lip and tongue. The numbness can last up to a few hours. Wait until the numbness has worn off before attempting to eat solid foods.

It is normal to experience some post –treatment sensitivity in the teeth that were treated. This sensitivity is usually mild, and may last a few days. In case of unusual pain, discomfort, or swelling, or in case the temporary comes off or breaks, please call our office at (314) 569-0106.