

Post-Treatment Instructions for Fillings

You have had fillings placed on one or more teeth today. You may have been given a local anesthetic. Your mouth will probably be numb for a few more hours after your visit. It is important to be careful not to inadvertently bite your lip, tongue or cheek while you are numb.

Be careful for the next 24 hours not to eat anything too hard, too sticky or chewy. Also, avoid extremes of temperatures for at least 24 hours. It is normal for teeth to be sensitive for several days or longer following a new filling.

In case of unusual pain, swelling or bleeding, please contact our office at (314) 569-0106.