

## **Your New Partial or Dentures**

Congratulations. You have just received your new denture or partial. We hope you will have many years of service from them. The following information will help you maximize the longevity and comfort of your denture or partial.

There is always a 'getting used to' period of time, in which the partial or denture settles in to position, and you get used to wearing them. This can take anywhere from a few days to a few weeks. Should you develop any sore spots, or they feel too loose or too tight, please contact our office as soon as possible so we may make any necessary adjustments.

You should brush your denture or partial every evening and every morning. Be sure to fill the sink with water first, so in case you drop them, they will fall safely into the water, and not hit the porcelain of the sink. In the evening, remove your denture or partial before bedtime, and store them in water, in their case. You may use a denture cleaner such as efferdent or polident to keep them in peak condition.

Over time, your gums around the denture or partial will recede, or shrink. This is a natural occurrence. After a few years, if you notice your denture or partial getting loose, or just not fitting right, you might need to have them relined.

You should have a dental examination and professional teeth cleaning every six months. Even if you have full dentures, we can clean them in the ultrasonic cleaner for you, and also examine your gums.